

# PLANT FITNESS CROSSTRAINER ORX

## Safety Data Sheet

according to Federal Register / Vol. 77, No. 58 / Monday, March 26, 2012 / Rules and Regulations  
Issue date: 5/30/2025 Version: 1.0

### SECTION 1: Identification

#### 1.1. Identification

Product form : Mixture  
Product code : 96-48-H

#### 1.2. Recommended use and restrictions on use

Fertilizer

#### 1.3. Supplier

Plant Fitness  
9860 Dorchester Ave.  
Chicago, 60628  
United States

#### 1.4. Emergency telephone number

Emergency number : 1-800-535-5053

### SECTION 2: Hazard(s) identification

#### 2.1. Classification of the substance or mixture

##### GHS US classification

Skin sensitization, Category 1	H317	May cause an allergic skin reaction
Hazardous to the aquatic environment – Acute Hazard Category 3	H402	Harmful to aquatic life

Full text of H statements : see section 16

#### 2.2. GHS Label elements, including precautionary statements

##### GHS US labeling

Hazard pictograms (GHS US) :



Signal word (GHS US) : Warning

Hazard statements (GHS US) : H317 - May cause an allergic skin reaction  
H402 - Harmful to aquatic life

Precautionary statements (GHS US) : P261 - Avoid breathing dust/fume/gas/mist/vapors/spray.  
P272 - Contaminated work clothing must not be allowed out of the workplace.  
P273 - Avoid release to the environment.  
P280 - Wear protective gloves/protective clothing/eye protection/face protection.  
P302+P352 - If on skin: Wash with plenty of water.  
P321 - Specific treatment (see supplemental first aid instruction on this label).  
P333+P313 - If skin irritation or rash occurs: Get medical advice/attention.  
P363 - Wash contaminated clothing before reuse.  
P501 - Dispose of contents/container to hazardous or special waste collection point, in accordance with local, regional, national and/or international regulation.

#### 2.3. Other hazards which do not result in classification

No additional information available

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### 2.4. Unknown acute toxicity (GHS US)

No additional information available

## SECTION 3: Composition/Information on ingredients

### 3.1. Substances

Not applicable

### 3.2. Mixtures

Name	Product identifier	%
FULVIC ACIDS	CAS-No.: 78330-21-9	2.5 – 7.5
HUMIC ACIDS	(CAS-No.) 1415-93-6	1 – 2

\*Chemical name, CAS number and/or exact concentration have been withheld as a trade secret

Full text of hazard classes and H-statements : see section 16

## SECTION 4: First-aid measures

### 4.1. Description of first aid measures

First-aid measures general	: If you feel unwell, seek medical advice.
First-aid measures after inhalation	: Remove person to fresh air and keep comfortable for breathing.
First-aid measures after skin contact	: Wash skin with plenty of water.
First-aid measures after eye contact	: Rinse eyes with water as a precaution.
First-aid measures after ingestion	: Call a poison center/doctor/physician if you feel unwell.

### 4.2. Most important symptoms and effects (acute and delayed)

Symptoms/effects after inhalation	: Although no appropriate human or animal health effects data are known to exist, this material is expected to be an inhalation hazard.
Symptoms/effects after skin contact	: None under normal conditions.
Symptoms/effects after eye contact	: None under normal conditions.
Symptoms/effects after ingestion	: None under normal conditions.

### 4.3. Immediate medical attention and special treatment, if necessary

Treat symptomatically.

## SECTION 5: Fire-fighting measures

### 5.1. Suitable (and unsuitable) extinguishing media

Suitable extinguishing media	: Water spray. Dry powder. Foam. Carbon dioxide.
Unsuitable extinguishing media	: Do not use a heavy water stream.

### 5.2. Specific hazards arising from the chemical

Fire hazard	: No fire hazard.
Explosion hazard	: No direct explosion hazard.
Hazardous decomposition products in case of fire	: Toxic fumes may be released.

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### 5.3. Special protective equipment and precautions for fire-fighters

- Firefighting instructions : Fight fire from safe distance and protected location. Do not enter fire area without proper protective equipment, including respiratory protection.
- Protection during firefighting : Do not attempt to take action without suitable protective equipment. Self-contained breathing apparatus. Complete protective clothing.

## SECTION 6: Accidental release measures

### 6.1. Personal precautions, protective equipment and emergency procedures

- General measures : Stop leak if safe to do so. Notify authorities if product enters sewers or public waters. Absorb spillage to prevent material-damage.

#### 6.1.1. For non-emergency personnel

- Protective equipment : Wear recommended personal protective equipment.
- Emergency procedures : Ventilate spillage area.

#### 6.1.2. For emergency responders

- Protective equipment : Do not attempt to take action without suitable protective equipment. For further information refer to section 8: "Exposure controls/personal protection".
- Emergency procedures : Evacuate unnecessary personnel. Stop leak if safe to do so.

### 6.2. Environmental precautions

Avoid release to the environment.

### 6.3. Methods and material for containment and cleaning up

- For containment : Absorb spilled material with sand or earth. Contain any spills with dikes or absorbents to prevent migration and entry into sewers or streams. Stop leak, if possible without risk.
- Methods for cleaning up : Take up liquid spill into absorbent material.
- Other information : Dispose of materials or solid residues at an authorized site.

### 6.4. Reference to other sections

For further information refer to section 13.

## SECTION 7: Handling and storage

### 7.1. Precautions for safe handling

- Additional hazards when processed : Not expected to present a significant hazard under anticipated conditions of normal use.
- Precautions for safe handling : Ensure good ventilation of the work station. Wear personal protective equipment.
- Hygiene measures : Do not eat, drink or smoke when using this product. Always wash hands after handling the product.

### 7.2. Conditions for safe storage, including any incompatibilities

- Technical measures : Keep in a cool, well-ventilated place away from heat.
- Storage conditions : Keep cool. Protect from sunlight.
- Packaging materials : Store always product in container of same material as original container.

## SECTION 8: Exposure controls/personal protection

### 8.1. Control parameters

No additional information available

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### 8.2. Appropriate engineering controls

Appropriate engineering controls : Ensure good ventilation of the work station.  
Environmental exposure controls : Avoid release to the environment.

### 8.3. Individual protection measures/Personal protective equipment

#### Personal protective equipment:

Wear recommended personal protective equipment.

#### Hand protection:

Protective gloves

#### Eye protection:

Safety glasses

#### Skin and body protection:

Wear suitable protective clothing

#### Respiratory protection:

In case of insufficient ventilation, wear suitable respiratory equipment

#### Personal protective equipment symbol(s):



## SECTION 9: Physical and chemical properties

### 9.1. Information on basic physical and chemical properties

Appearance : Liquid.  
Color : Dark Brown  
Odor : characteristic  
Odor threshold : ≤ ppm  
pH : > 7.1 – < 8.3  
Density : ≈ 9.79 lb/gal

### 9.2. Other information

No additional information available

## SECTION 10: Stability and reactivity

### 10.1. Reactivity

The product is non-reactive under normal conditions of use, storage and transport.

### 10.2. Chemical stability

Stable under normal conditions.

### 10.3. Possibility of hazardous reactions

No dangerous reactions known under normal conditions of use.

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### 10.4. Conditions to avoid

None under recommended storage and handling conditions (see section 7).

### 10.5. Incompatible materials

No additional information available

### 10.6. Hazardous decomposition products

Under normal conditions of storage and use, hazardous decomposition products should not be produced.

## SECTION 11: Toxicological information

### 11.1. Information on toxicological effects

Acute toxicity (oral) : Not classified

Acute toxicity (dermal) : Not classified

Acute toxicity (inhalation) : Not classified

#### FULVIC ACIDS (479-66-3)

ATE US (oral)	500 mg/kg body weight
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### SECTION 12: Ecological information

#### 12.1. Toxicity

Ecology - general : The product is not considered harmful to aquatic organisms or to cause long-term adverse effects in the environment.

#### 12.2. Persistence and degradability

##### CROSSTRAINER ORX

Persistence and degradability	Not rapidly degradable
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##### FULVIC ACIDS (479-66-3)

Persistence and degradability	Rapidly degradable
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### SECTION 13: Disposal considerations

#### 13.1. Disposal methods

Regional waste regulation : Disposal must be done according to official regulations.  
Waste treatment methods : Dispose of contents/container in accordance with licensed collector's sorting instructions.  
Sewage disposal recommendations : Disposal must be done according to official regulations.  
Product/Packaging disposal recommendations : Disposal must be done according to official regulations.  
Additional information : Do not re-use empty containers.

### SECTION 14: Transport information

#### 14.1. UN number

Not regulated for transport

#### 14.2. UN proper shipping name

Proper Shipping Name (DOT) : Not regulated  
Proper Shipping Name (TDG) : Not regulated  
Proper Shipping Name (IMDG) : Not regulated  
Proper Shipping Name (IATA) : Not regulated

#### 14.3. Transport hazard class(es)

**DOT**  
Transport hazard class(es) (DOT) : Not regulated

**TDG**  
Transport hazard class(es) (TDG) : Not regulated

**IMDG**  
Transport hazard class(es) (IMDG) : Not regulated

**IATA**  
Transport hazard class(es) (IATA) : Not regulated

#### 14.4. Packing group

Packing group (DOT) : Not regulated

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Packing group (TDG) : Not regulated  
Packing group (IMDG) : Not regulated  
Packing group (IATA) : Not regulated

### 14.5. Environmental hazards

Other information : No supplementary information available.

### 14.6. Special precautions for user

**DOT**  
Not regulated

**TDG**  
Not regulated

**IMDG**  
Not regulated

**IATA**  
Not regulated

### 14.7. Transport in bulk according to Annex II of MARPOL 73/78 and the IBC Code

Not applicable

## SECTION 15: Regulatory information

### 15.1. US Federal regulations

All components of this product are present and listed as Active on the United States Environmental Protection Agency Toxic Substances Control Act (TSCA) inventory, except for:

FULVIC ACIDS	CAS-No. 479-66-3	1 – 2%
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### National regulations

### 15.3. US State regulations

California Proposition 65 - This product does not contain any substances known to the state of California to cause cancer, developmental and/or reproductive harm

## SECTION 16: Other information

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### Full text of hazard classes and H-statements

H317	May cause an allergic skin reaction
H402	Harmful to aquatic life

Safety Data Sheet (SDS), USA

This information is based on our current knowledge and is intended to describe the product for the purposes of health, safety and environmental requirements only. It should not therefore be construed as guaranteeing any specific property of the product.